

CAROLINE CONNECTION



Greetings, Caroline Families!

I am truly in awe of the work your children are doing here at Caroline. Students are authors and illustrators, scientists and mathematicians, artists and musicians. Teachers and staff are hard at work developing engaging lessons that stretch students' thinking. This journey of learning is exciting to watch!

As the days darken here in Ithaca, we all need as much sun exposure as possible. We will still be going outdoors for recess play and movement breaks. That said, our lost and found is piling up. Please stop by to check out the items that you may be missing.

There's a saying I've heard: there's no such thing as bad weather, only bad clothing. If students have the right clothing for the weather, outdoor play will still be comfortable and fun. Help us by making sure your students are well-dressed for the weather. This includes boots, hats, gloves/mittens and a warm jacket. Please reach out for assistance in obtaining any of these items. It's also a good idea to have your student bring a change of clothing, especially socks, so they can stay comfortable in school if they get wet.

As you help your child prepare for our annual Halloween at school, please remember to avoid costumes with weapons (swords, sabers, daggers, etc.) or leave them at home. Masks can be worn during the parade. Our parade will be held at 1pm, weather permitting.

You're also welcome to join us for our Halloween play, based on the book *You Don't Want a Unicorn*, by Ame Dyckman. We will begin right around 8:00 in the cafeteria.

Hope to see you soon at school!

Sincerely,
Kristin Herman
(607)539-7155
kristin.herman@icsd.k12.ny.us



October 17, 2019

VOLUME: 5

CALENDAR

Oct

19- Easy as Pie 5K

**20 - Wellness Fair,
Brookton's Market**

21- PTA Meeting

**25 - No school for
students - District
Conference Day**

**31 - Halloween Play
8am; Parade 1pm**

Nov

**7 - Thursday Morning
Program**

**8- No School -
Parent/Teacher
Conferences**

**11- No School-
Veteran's Day**

**14 - Coffee w/Principal
8am**

18 - Photo Retakes

27-29 No School -

Need a ride to parent conference or an important school meeting?



Plan ahead.... Contact RED!

(607) 659-5003

OR

retirededucatorsdrive@gmail.com

Volunteer drivers take parents and caregivers who lack transportation to important school meetings.

A week's notice is required to arrange a ride.

If you call at the last minute, they will try but it is harder to find a ride.

Questions? Please contact Melissa Todi, Caroline Elementary Transportation Liaison at:

Email: Melissa.Todi@icsd.k12.ny.us Call: (607) 882-9867

TICK INFORMATION

FROM THE HEALTH OFFICE

Dear Caregivers:

Unfortunately tick season continues on!

Please check your family members for ticks on a daily basis – make it part of your evening or morning routines! Common sites of tick attachment include the thighs, groin, trunk, armpits, ears and scalp. If you do see a tick, remove it with tweezers but take care not to crush the tick's body. Grasp the tick firmly and as closely to the skin as possible and with a steady motion, pull the tick's body away from the skin. Do not be alarmed if the tick's mouthparts remain in the skin. Just cleanse the area with an antiseptic such as hydrogen peroxide after removal. In most cases, the tick must be attached for **36-48 hours** before the Lyme disease bacterium can be transmitted.

After removal monitor and recognize the signs and symptoms of early Lyme disease:

- A characteristic skin rash which may clear as it enlarges thus resulting in a “bull’s-eye” appearance (within 3-14 days after the bite of an infected tick). Not everyone gets a rash.
- Fatigue
- Chills and fever
- Headache
- Muscle and joint pain
- Swollen lymph nodes

Symptoms of late Lyme disease include:

- Arthritis with bouts of pain and swelling, usually in the larger joints such as knees
- Nervous system symptoms such as numbness, pain, nerve paralysis, severe headache
- Rarely, irregularities of the heart rhythm may occur

Information from the CDC: “Lyme Disease: What you need to know “

If your child has had a tick bite and/or is showing symptoms to Lyme disease, please contact your child's health care provider.

TRY HOCKEY DAY!



WHEN: Sunday, Oct. 27th
11:15-12:30pm

WHERE: Cass Park

AGES: 8 & under

Protective gear will be provided!

FREE Initiation Hockey

Begins Saturday, Nov. 2 at Lynah Rink

REGISTER NOW FOR THE SEASON:

www.ithacayouthhockey.com

These materials are neither sponsored nor endorsed by the Board of Education, the Ithaca City School District, the superintendent or this school.



THE SALVATION ARMY
150 N. ALBANY STREET
Ithaca, NY 14850

2019 Salvation Army Christmas Program Application Dates

Thursday, October 24, 2019

10:00am-2:00pm

Friday, October 25, 2019

10:00am-2:00pm

Monday, October 28, 2019

10:00am-2:00pm

Tuesday, October 29, 2019

10:00am-2:00pm

Tuesday, October 29, 2019

5:00pm-7:00pm

Wednesday, October 30, 2019

5:00pm-7:00pm

Thursday, October 31, 2019

10:00am-2:00pm

Friday, November 1, 2019

10:00am-2:00pm

Friday, November 1, 2019

10:00am-2:00pm

******LATE APPLICATIONS NOT ACCEPTED******

MUST BE A RESIDENT OF TOMPKINS COUNTY

All applicants **Must** provide the following to consider the application complete

- **Picture ID**
- **Proof of birth for all members of the household (i.e.-Birth Certificates)**
- **List of all income and expenses**
- **Sizes and gift interests for children under 12 years old**

For more information on The Salvation Army Christmas Program

Please contact:

Lieutenant Stacy McNeil or Diana Vrabel

The Salvation Army Worship Center & Office: **(607) 273-2400**



PEAKPACK

GREEK PEAK MOUNTAIN RESORT

Join Caroline Elementary (Grades K-5) Ski and Board Club Today

*K-2 Students need a parent chaperone *

Program Information: Student Program Pass includes 6 weeks of skiing/snowboarding and 4 weeks of lessons. At the end of the 6 weeks the pass remains valid for students to ski/snowboard. On March 14, 2020 passes convert to season passes for the remainder of the season. If you already have a season pass you may still sign up! Just select Season Program Pass option when registering and add pass add ons. Parents may also purchase the Parent Program Pass with same perks as above.

Day and Time **Wednesdays** 3pm to 6pm (leave school at 2:00pm; return 6:45pm)

Start Date/End Date 1/8; 1/15; 1/22; 1/29; 2/5; 2/12 (2/26 if previous date is canceled)

Cost **After 10/15/19 price is \$197.00**

Rentals \$63 Choice of ski or snowboard equipment rental

Helmets \$43

Meal Plan \$63 Students will have 1 meal each week including a choice of entrée, side and a drink at the Taverna

Transportation cost TBD; hopeful busing will be provided by the program

Sign up a Friend! If you participated last year and you know someone interested in signing up that didn't participate last year you can get 7% off your pass and 5% off your friends pass. Please call us at 844-846-9575 or 844-846-9572 to register over the phone

Register Online! Go to: Sales.GreekPeak.net
Select: Peak Pack Registration
Select: Caroline Elementary
Select: Student Program Pass, Parent Program Pass or Season Pass
Select Add Ons: Additional Lessons, Rentals, Helmets, Meal Plans
 Input Participants Information
 Update Information from last season such as Grade, Ability Level
 Check out

Questions: **School Contacts:** Sara Barker, sarabarker65@gmail.com; 607-342-1359

Greek Peak Contact: Kimberly Thayer School Programs Director
 844-846-9575 programsales@greekpeak.net