

CAROLINE

CONNECTION



Greetings Caroline Families,

I am thankful for becoming a part of this incredible learning community. Our children are so fortunate to be surrounded by a dedicated and loving faculty and staff who provide unique educational opportunities every day.

Thank you for sharing your children with us. We wish you a safe and restful Thanksgiving break.

Most Sincerely,

Principal Rachetta



GREAT ESCAPE is coming December 3rd through 7th! Fifth graders are invited Friday November 30 from 2:00-4:00 to build the great escape with Mrs. Seldin-Murphy, Mr. T and Mr. Billings. Permission slips will be sent home soon. We have a great time! Remember only 5th GRADERS ONLY! Any questions, please ask Amy Seldin-Murphy

(aseldin@icsd.k12.ny.us)

November 15, 2018

VOLUME: 10

CALENDAR

November

- 16- Spirit Wear orders due
- 21-23 Thanksgiving Day Recess
NO SCHOOL
- 30- Build the Great Escape 5th
GRADE ONLY 2:00-4:00

December

- Dec 6- Great Escape evening event:
 - K and 1st: 5:45-6:15
 - 2nd and 3rd: 6:20-6:50
 - 4th and 5th: 6:55-7:20
- 7- Kindergarten Celebration of Learning
- 11- Pre-K (Kibbe) field trip to Longview (9:00-10:30)
- 13- Morning Program in the Cafeteria
- 15- Winter Market at Caroline (10:00-2:00)
- 17- Morning coffee with Principal Rachetta at 7:45 a.m.

24-1/1/19 Winter Recess

Caroline families, you are invited to

The Great Escape



Gymnastics Obstacle Course in the Caroline Gym

Thursday December 6th

Our Physical Education Team is happy to highlight our physical education program and show parents what our students have been learning through our gymnastic unit. All students are welcome to attend in the age group closest to their age. Suggested donation is \$5 per family! This event will support the Caroline PTA, our teachers, events and activities at our school. Concessions will be available for purchase, with proceeds benefiting the 5th grade class graduation activities.

All non-school age children and preschool students must be accompanied with a hands-on adult to safely go through the obstacle course! Students will travel for 30 minutes and when time is up they are to exit to the hall so we can get the next group in quickly!

5:45 - 6:15 - Kindergarten and 1st graders

6:20 - 6:50 - 2nd and 3rd graders

6:55 - 7:25 - 4th and 5th graders



It would be helpful for parents to help at each rotation and station and any 5th graders that can help supervise earlier rotations would be great! If you can help or have any questions that relate to "in gym time" please contact Amy Seldin-Murphy (aseldin@icsd.k12.ny.us).



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Physical Education News!!!!

Dear Caroline Families,

Greetings and welcome to another exciting year of Physical Education at Caroline Elementary School!

The Caroline PE program is a positive, nurturing and FUN learning environment where all students will grow, learn, succeed and be the best they can be! Our motto is: "60 minutes or more per day for life!" Which is how much exercise we all need to stay healthy. Our focus is on growing healthy habits that will last a lifetime. It is a true collaboration of ideas, work, challenges, research, play, mistakes and new ideas between students, staff and families.

The Physical Education program is guided by state and national standards. Our students will learn fitness and motor skills in a progressive, developmentally appropriate and sequential delivery. We celebrate cooperative activities, diversity, individual, small group and large group learning activities using a variety of equipment and creative opportunities in our indoor and outdoor spaces.

Our units of study include the following:

***Fitness/wellness/nutrition - all year integrated**

***Historical origin referenced in all sports units**

***Soccer skills, football skills, volleyball skills, floor hockey skills, tumbling with special mats, basketball skills, wrestling skills, tennis skills, bowling skills, archery (3rd, 4th & 5th) and target games K, 1 & 2, softball/t-ball/kickball, lacrosse skills, gymnastics with climbing and apparatus mini lessons culminating in a favorite week of the great escape obstacle course, STEM activities, pathways, levels, tag games, jumping rope, stilts (balancing activities), hopscotch and let's not forget dancing. We teach and celebrate music, movement and dance throughout the year but in the winter months concentrate learning and practicing for our annual Caroline Sock Hop.**

We conduct fitness testing for 3rd through 5th grade that is district wide which includes pacer, curl-ups, push-ups and stretch test. Kindergarten, 1st and 2nd grade practice fun forms of the fitness tests in preparation for later years.

Gymnastics is early this year. We are scheduled to receive equipment on November 5th and will have it through our last day on December 7th. The last week is a giant obstacle course called "The Great Escape". We will give the 5th graders an opportunity to help build the Great Escape on Friday November 30th from 2 - 4. We will also hold a Great Escape Evening of fun hosted by the PTA and 5th grade. More information will follow as we get closer.

Sneakers and socks are required for safety. We have a supply of gently used sneakers if children forget them. If you would like to donate to our sneaker or sock collection just let me know.

There are also many ways to support and volunteer in our Physical Education Program. We will keep you posted. Enjoy our Physical Education Bulletin Boards across from the cafeteria. If you

draw a family fun fitness on the back of this letter and hand it back in, I will post it on our sharing board! :)

I look forward to the opportunity to talk further about our program.

It's going to be a great year!!!!!!!!!!!!!!!!!!!!!!

Mrs. Seldin-Murphy - Physical Education Teacher, Adapted Physical Education Teacher

Mr. Jonathan Billings - Physical Education Teacher, Adapted Physical Education Teacher

Mr. Sam Trechter - Physical Education Teacher, Adapted Physical Education Teacher



All Caroline Families, you're invited to the
Caroline Winter Market

Sponsored by the Caroline PTA

Saturday, December 15th

10am-2pm

In the Caroline Gym

Craft Fair

Cookie Walk (\$6/dozen)

Raffle

Community & Student Vendors



There are many ways to participate in this family friendly event. Please return this form via backpack mail, or email Jordan Johnson jtolley88@yahoo.com to reserve your table!

___ I'd like to be a vendor (\$15 per table)

___ My Caroline student would like to sell his/her crafts (\$5/shared space)

___ I can bake 2 dozen cookies

___ I can help sell concessions for 1 hr (sometime between 10am-2pm)

___ I can help set up (9-10am) or clean up (2-2:30pm)

___ My family can volunteer during the event, children are encouraged to help out with parental supervision. ___ # of adults ___ # of children volunteering

Name: _____ Child's Name: _____

Child's Teacher: _____

Email: _____ Phone: _____

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